



# AL-ANON FIFTH STEP WORKSHOP

Saturday, June 3, 2017 | 9:00 AM to 12:30 PM

St. Albert the Great Church  
2836 33<sup>rd</sup> Ave S., Minneapolis  
(1 block off Lake St & 33<sup>rd</sup> Ave.)



### The Fifth Step:

**We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**

Are you getting ready to do a Fifth Step or just interested in learning more? Come enjoy a morning workshop focused on this step. There will be speakers, time to work individually, and experienced fifth step listeners available until 2 PM.

The speakers will address each part of the 5<sup>th</sup> step:

**Part One: "To God"**- Connor G. will speak on Spirituality.

**Part Two: "To ourselves"**- Joe D. will speak on Intimacy.

**Part Three: "To another human being"**- Pat H. will speak on Trust.

**Part Four: "The exact nature of our wrongs"**- Ana S. will speak on Fear.

We will provide handouts taken from the Blueprint for Progress. The full book will also be available for purchase.

**To register, please call the Al- Anon Information Services office:  
(952) 920-3961.**

Hosted by District 10.